## MUKUNDA MADHAVA SHARMA

## ON AN EXTRACT FROM THE ABHINAVABHARATI

In this paper it is intended to examine the implications of a number of technical terms occurring in a short but very significant extract from the sixth chapter of the *Abhinavabhāratī* having a lot of bearing on the principles of Indian aesthetics as propounded by Abhinavagupta.

After establishing the celebrated rasa-sūtra², according to which rasa is suggested through a delineation of the bhāvas, i.e., vibhāvas, anubhāvas and vyabhicāribhāvas, Bharatamuni raises the question as to whether (i) bhāvas owe their origin to rasas or (ii) rasas owe their origin to bhāvas or (iii) bhāvas and rasas owe their origin mutually. In reply Bharata first says that rasas owe their origin to bhāvas, since the bhāvas are called so only because they « lead to the realisation » (bhāvayanti) « of these rasas » (rasān imān)³. Then Bharata concedes also to the third position, i.e., that of mutual causality. As already propounded rasas owe their origin to bhāvas, because the latter alone can lead to any aesthetic experience. But bhāvas also depend on the rasas since they are called bhāvas only because of being instrumental to the realisation of rasas. Out side the realm of aesthetic consideration

<sup>1.</sup> Published along with the *Nāṭyaśāstra* in the Gaekwad's Oriental Series, Baroda, ed. by M. R. Kavi. References are to vol. I, 2nd edn., 1956.

<sup>2. «</sup> vibhāvānubhāvavyabhicārisamyogād rasaniṣpattih », Nāṭyaśāstra, Ch. VI, p. 272, in vol. I, 2nd edn., 1956.

nānābhinayasambaddhān bhāvayanti rasān imān yasmāt tasmād amī bhāvā vijñeyā nāţyayoktrbhih. nānādravyair bahuvidhair vyañjanam bhāvyate yathā evam bhāvā bhāvayanti rasān abhinayaih saha (Nāṭyaśāstra, VI.34-35).

bhāvas are not called so 4. Thus in fact it is not the bhāvas but only their nomenclature which owes its origin to rasas. Hence, although a state of mutual causality may be shown to be there with the help of an intelligent interpretation 5, yet on strictly aesthetic grounds, bhavas alone have the claim for being recognised as the cause of rasas. But this position happens to run counter to an earlier statement of Bharata himself, i.e., na hi rasād rte kaścid arthaḥ pravartate 6. The literal meaning of this statement is either, « Nothing (i.e., na kaścid arthaḥ) can exist without rasa » or, « Nothing arises without rasa (i.e., without rasa as the cause) ». In view of the second meaning there arises the question as to how it could be justified to hold only that rasas owe their origin to bhāvas and not vice versa also. Apprehending such an objection Bharata says:

yathā bījād bhaved vṛkṣo vṛkṣāt puṣpam phalam yathā tathā mūlam rasāh sarve tebhyo bhāvā vyavasthitāh.

Just as a tree occurs from a seed, and flowers and fruits from a tree, similarly rasas are the roots, and all  $bh\bar{a}vas$  arise out of them (i.e., out of rasas).

On this Abhinavagupta comments as follows:

nanu yadi bhāvebhyo rasās tarhi katham uktam «na hi rasād rte kaścid apyarthah pravartate. tena pūrvam ta evoddeśyāh» ityāśan-

4. Mammata says that vibhāvas, anubhāvas and vyabhicāribhāvas are called so only in case of a drama or a poem. In the practical world they are known simply as causes, effects and auxiliary causes respectively.

Cf. karaṇānyatha kāryāṇi sahakāriṇi yāni ca ratyādeh sthāyino loke tāni cen nāṭyakāvyayoḥ. vibhāvā anubhāvāśca kathyante vyabhicāriṇaḥ. vyakaḥ sa tairvibhāvādyaiḥ sthāyibhāvo rasas smṛtaḥ.

(Kāvyaprakāśa, IV.27-28).

5. Cf. «——— evam trayo'pi pakṣāh kathañcidupagatā abhiprāyavaicitryeneti

tātparyam » (Abhinavabhāratī, p. 294).

6. Nāṭyasāstra, VI, p. 272. Here Abhinavagupta explains this in three different ways. (i) From the view point of the theorist (vyākhyātṛ) it means that without rasa objects (arthas) like vibhāvas etc., do not come into existence so as to deserve an explanation by the theorists. (ii) From the view point of the actor it means that without rasa the purpose (arthaḥ) of giving delight cannot be served. (iii) From the view point of the spectator it means that once he gets absorbed in the relish of rasa the spectator ceases to have any idea of any other object (artha) like the bhāvas other than the rasa (rasād rte) separately.

Cf. « hi yasmāt rasam vinā vibhāvādirartho buddhau vyākhyeyatayā na pravartate yataśca tam vinā arthah prayojanam prītipurassaram vyutpattimayam na pravartate yataśca rasam pratyādrte rasanātmakapratītyekaghanaviśrānte sāmājikaloke'nyo bhāvādir arthah pravibhāgena buddhau na vartate — — — ato vyakhyātṛnaṭasāmājikābhiprāyeṇa — — — » (Abhinavabhāratī, p. 271). Under Nāṭyaśāstra, VI.38, again Abhinava seems to have given in a general way

a fourth meaning that « nothing arises without rasa as the cause ».

7. Nātyaśāstra, VI.38.

kyāha — yathetyādinā. bījam yathā vṛkṣamūlatvena sthitam tathā rasāḥ. tanmūlā hi prītipūrvikā vyutpattiriti ta eva vyākhyānārhāḥ. kavigatasādhāranībhūtasamvinmūlaś ca kāvyapurassaro naṭavyāpāraḥ. saiva ca samvit paramārthato rasaḥ. sāmājikasya ca tatpratītyā vašīkṛtasya paścād apoddhārabuddhyā vibhāvādipratītiriti prayojanam nāṭye kāvye sāmājikadhiyi ca. tadevam mūlam bījasthānīyaḥ kavigato rasaḥ. kavir hi sāmājikatulya eva. tata evoktam «śrngārī cet kaviḥ» (dhvanyālo. 3.42) ityādyānandavardhanācāryena. tato vṛkṣasthānīyam kāvyam. tatra puṣpādisthānīyo' bhinayādinaṭavyāpāraḥ. tatra phalasthānīyaḥ sāmājikarasāsvādaḥ. tena rasamayam eva viśvam 8.

From this we learn that just as the seed is the cause of the tree and the flower and the fruit, and the same seed also is the final effect. similarly rasa, realised by the poet, is the cause of poetical creation, and rasa, realised by the sahrdaya (i.e., the aesthete), is the final effect. Rasa is a delectable knowledge or a delightful state of sensing. A dramatic presentation is preceded by the composition of a drama (which is also technically called a  $k\bar{a}vya$ ). The creation of the  $k\bar{a}vya$  (i.e., the drama) proceeds from the feeling (samvit) of a sentiment in a generalised form (sādhāranībhūta) by the poet. That very feeling (samvit) belonging to the poet is in fact the rasa. The spectator (or the reader) also gets absorbed in the same delectable feeling. In this state of delightful absorption no distinct idea of the vibhāvas etc., occur to the aesthete. The knowledge of the vibhāvas etc., can arise only through a later analysis (apoddhārabuddhyā)9. Thus the same rasa is both the cause and the effect. For any poetical creation the poet must first experience the rasa himself, and only after that he would communicate it with words. In the matter of experiencing the generalised emotion the poet is as good as the spectator or the reader. That the poet himself must experience the rasa is warrented by Anandavardhana's verse, « śṛṅgārī cet » etc. 10. This involvement of rasa, both as the cause and the effect. leads Abhinavagupta to make a very serious observation that the whole universe is « made of rasa » (rasamayam).

Though the *rasa* realised by the poet immediately before the proneness for creation does not seem to be the same as *rasa* technically defined, yet it is also nothing other than that. Ānandavardhana clearly shows that the realisation of an impersonal universalised  $sth\bar{a}y\bar{t}$  (i.e., permanent mood) is the cause of poetry. For, he says:

kāvyasyātmā sa evārthas tathā cādikaveh purā krauncadvandvaviyogotthah sokah slokatvamāgatah 11.

<sup>8.</sup> Abhinavabhāratī, p. 294.

<sup>9.</sup> Cf. Vākyapadīya, I.24, for the meaning of the term apoddhāra.

<sup>10. «</sup> śrngārī cet kavih kāvye jātam rasamayam jagat

sa eva vītarāgašcen nīrasam sarvam eva tat » (Under Dhvanyāloka, III.42).

<sup>11.</sup> Dhvanyāloka, I.5.

[That very meaning (i.e., rasa) is the soul of poetry, and that is how the sorrow (i.e., śoka) of the First Poet, that arose out of the separation of the couple of the kraunca birds, took the form of a verse (i.e., śloka).]

Ānandavardhana confirms the implications of this  $k\bar{a}rik\bar{a}^{12}$  by saying that the śoka which took the form of śloka is the sthāyibhāva of karuṇarasa <sup>13</sup>. He means to say that not as a personal sorrow, but only as the universalised sorrow of a sympathetic heart, a śoka becomes the sthāyibhāva of karuṇarasa.

Abhinavagupta explains this position by saying: na tu muneh śoka iti mantavyam, It is not to be taken as a śoka of the sage himself. Then whose śoka is this? It is an impersonal śoka. It belongs to the muni and the bird alike, and in the same generalised form it is realised and relished by the sahrdays (i.e., the aesthetes) also.

Thus in the realm of poetry there is no difference between the cause and the effect. But the poetical creation is also the same as the cosmic creation and the poet is rightly called the creator, Brahman: apāre kāvyasamsāre kavirekah prajāpatih. If the poetical creation is an ideal one, the cosmic creation is also ideal.

The analogy of the seed and the tree which explains the non-difference of the cause and the effect in the realm of poetic creation conforms to a sort of monism or idealism. In fact the very process of rasarealisation or aesthetic experience involves the principle of monism or non-difference in many ways, some of which are hinted at by the above passage of the Abhinavabhāratī itself, e.g., (i) rasa is a delightful knowledge or realisation (prītipūrvikā vyutpatti). But the delight and the realisation are both non-different from the realising self 15. (ii) There is no difference between the poet and the reader. The reader is technically called a sahrdaya, i.e., one who has a similar attitude of the heart. (iii) There is no difference between the feelings of the character depicted, the poet and the reader 16. This happens through the processes of sādhāranīkarana and hṛdayasamvāda. By the earlier process the situation, the characters and the spectators, all lose their spatial and temporal limitations. By the later process sentiments are shared by the spectator not only with other human beings, but also with animals and birds, etc. Thus an aesthetic experience involves the elimination of difference and the realisation of oneness with other human beings or other creatures.

<sup>12.</sup> The term  $k\bar{a}rik\bar{a}$  means a memorial verse on any subject-matter of technical nature.

<sup>13.</sup> Cf. « śoko hi karunasthāyibhāvaḥ ». 14. Given under Dhvanvāloka. III.42.

<sup>15.</sup> This is warranted by the idea that the Absolute, which is non-different from the individual self, is Being-Consciousness-Delight, sat-cit-ānanda.

<sup>16.</sup> Abhinavagupta's teacher Bhatta Tauta says, «nāyakasya kaveh śrotuh samāno'nubhavas tatah ». Vide Locana under Dhvanyāloka, I.6.

Abhinavagupta opines that what has been stated in the passage of the *Abhinavabhāratī* may be supported also from the angle of Vijñānavāda, Dvidhābhidhāna, Sphoṭatattva, Satkāryavāda and Ekatvadarśana, etc. cf. atra ca vijñānavādo dvidhābhidhānam sphoṭatattvam satkāryavāda ekatvadarśanam ityādi ca draṣṭavyam <sup>17</sup>.

This is the extract which particularly deserves a careful elucidation. Perhaps what Abhinava means to say is that certain points of Vijñānavāda etc., may be shown to have full agreement with certain aspects of the philosophy of rasa-realisation and particularly the principle of non-difference as hinted at by the passage quoted earlier. For examining these agreements let us take the doctrines viz., Vijñānavāda, etc., one by one.

VIJÑĀNAVĀDA — The school of Yogācāra or Vijñānavāda maintains a thorough-going idealism. Accordingly the world is built of consciousness and has no more reality than a dream  $^{18}$ . The most striking point relevant to the present context is that in Vijñānavāda no difference is maintained between (i) the cognised  $(gr\bar{a}hya)$  and the cogniser  $(gr\bar{a}haka)$ , and between (ii) the cognised and the cognition  $(taddh\bar{\iota}h, i.e.,$  « the knowledge of that »).

(i) In a Kārikā, given in the Sāstradīpikā, it is succinctly put that according to Vijñānavāda « there is no perceptible object other than the knowledge itself. But there is no later cognition of a perception as well. Buddhi or Vijñāna or consciousness or knowledge alone shines because of the absence of separate entities called perceptible (grāhya) and the perceiver (grāhaka) » <sup>19</sup>. (ii) In Dharmakīrti's Pramānaviniścaya it is stated that « there is a lack of difference (abheda) between the blue colour (nīla) and the knowledge of the same (taddhīh), since they are both perceived together as a rule. (sahopalambhaniyamāt). Whatever difference is noticed is because of an erroneous perception just as (through error of vision or due to disease of the eyes) the single moon is observed to be two » <sup>20</sup>.

DVIDHĀBHIDHĀNA — This term literally means « naming the same thing with two different names ». As far as my information goes dvidhā-

<sup>17.</sup> Abhinavabhāratī(vi), p. 294. Abhinavagupta, however, does not go into the details of the points of correspondance, for the fear of being accused of indulging in an exhibition of his scholarship. Cf. «vayam tu prakṛtānupayogi —————ityāstām », loc. cit.

<sup>18.</sup> Cf. A. L. BASHAM, The Wonder that was India, London, 1954, p. 279.

Cf. nānyo'nubhāvyo buddhyā'sti tasyā nānubhavo'paraḥ grāhyagrāhakavaidhuryāt svayam saiva prakāśate. Sāstradīpika of Pārthasārathimiśra, with the com. Yuktisnehaprapūranī, Chowkhamba, Benares, 1916.

<sup>20.</sup> Cf. sahopalambhaniyamādabhedo nīlataddhiyoh bhedasca bhrāntivijñānair drsyatendāvivādvaye.,

Pramāṇaviniscaya of Dharmakīrti, I. See also K. C. Pandey, Abhinavagupta An Historical And Philosophical Study, 2nd edn. Chowkhamba, Varanasi, 1963, p. 711.

bhidhāna is not a familiar term. I could trace out this term neither in the notable modern works on Indian philosophy nor also in the other works of Abhinavagupta. But I am led to believe that it may have something to do with the concept of creation as detailed in the Ahirbudhnyasamhitā 21. In this work there are certain expressions which I conjecture to be at the root of the formation of the term dvidhābhidhāna. Let me first quote the relevant portions and then show the points of similarity:

atha śuddhetarasṛṣṭivarṇanam nāma ṣaṣṭho'dhyāyaḥ (tatra śaktitadvato bhedavadabhedasyāpyupapattiḥ) ahirbudhnyah:

yo'sau nārāyaṇo devaḥ paramātmā sanātanaḥ ahambhāvātmikā śaktistasya taddharmadharmiṇī. (1) tāvimāvekadhaivoktau bhedyabhedakabhāvataḥ pṛthaktvena ca śāstreṣu jagaddhetutayoditau. (2) atha śuddhetarasṛṣṭivarṇanam nāma saptamo'dhyāyaḥ — (adhyāyadvayasamksepah)

bhūyaśca śṛṇu saṃkṣepam imam nārada tattvataḥ. (64b) ekā śaktir harerviṣṇoḥ sarvabhāvānugāminī devī ṣādguṇyapūrṇā sā jñānānandakriyāmayī. (65) bhāvyabhāvakabhāvena sā dvidhābhāvamrcchati bhāvakas tatra saṃkalpaḥ sudarśanamayo hareḥ. (66) avyāghātas tu yas tasya sā sudarśanatā mune jñānamūlakriyātmāsau svacchaḥ svacchandacinmayaḥ. (67) bhāvyo nāma parāmśo yaḥ sā bhūtiriti gīyate saṃkarsanādibhūmyantā śuddhetaravibhāginī. (68) 22

The purport of these verses, briefly put, is as follows:

The creative potentiality (śakti) of Hari is not a physical power involving mechanical movement; « but it is in a sense homogeneous with God » <sup>23</sup>. It is of the nature of pure selfdetermined thought (svacchandacinmaya); it is a thought in potentiality, a thought that is to realise itself in subject-object forms, manifesting itself as a spiritual thought movement (jñānamūlakriyātmā). It is this spiritual movement of that śakti, which by self-diremption splits itself up (dvidhābhāvam rcchati) as the thought of God (samkalpa), the determiner (bhāvaka), and the passive objectivity (bhāvya), called prakrti. Through the samkalpa, which is bhāvaka, the bhāvyā prakrti developes and differentiates itself into the categories occurring in the form of a ramification from prakrti onward. Now let us see the points of similarity:

(1) The term dvidhābhidhāna in Abhinavabhāratī refers to a concept of non-difference between the cause and the effect. In Ahirbudh-

<sup>21.</sup> It is noteworthy that this tantric text was also a product of Kashmir.

<sup>22.</sup> Ahirbudhnyasamhitā, Adyar Library, Madras, 1916, pp. 70-2. 23. Cf. « bhedavad abhedasyāpyupapattih ».

 $nyasamhit\bar{a}$  there is a similar expression  $dvidh\bar{a}bh\bar{a}vam$   $\underline{r}cchati$  in a similar context.

- (2) In Abhinavabhāratī the poetical creation (and as a matter of fact the whole cosmic creation) is ideal in so far as it proceeds from rasa, « tena rasamayam eva viśvam ». The whole world is a vikāra (i.e., just an evolved form) of rasa. This rasa is a samvit (i.e., a consciousness) or a jñāna (i.e., a knowledge), « saiva samvit paramārthato rasaḥ ». In Ahirbudhnyasamhitā also the creation proceeds from an ideal thought, a samkalpa, which proceeds from a śakti, which also involves a samvit being jñānamūlakriyātmā.
- (3) But this śakti is identical with the śaktimān Hari (i.e., the God endowed with the śakti). There is an abheda (i.e., non-difference) of the two. It is only in the śāstras that they are separately spoken of as the causes of the world. The expression « prthaktvena uditau » given in this context has a striking similarity with the term « dvidhā abhidhāna ».
- (4) In the theory of rasa-realisation there is no difference between the knower ( $j\bar{n}\bar{a}tr$ ) and the object of knowledge ( $j\bar{n}eya$ ).  $J\bar{n}\bar{a}tr$  and  $j\bar{n}eya$  are the different names ( $dvidh\bar{a}bhidh\bar{a}na$ ) for the same thing. According to the  $Ahirbudhnyasamhit\bar{a}$  also the Devī (i.e., the  $\acute{s}akti$ ), who is on her own part identical with Hari (i.e., Nārāyaṇa) just assumes (rcchati) a duality ( $dvidh\bar{a}bh\bar{a}vam$ ) in the form of  $bh\bar{a}vya$  and  $bh\bar{a}vaka$ , the object of perception and the perceiver <sup>24</sup>.
- (5) Likewise in Abhinavagupta's theory of aesthetic experience also there is no difference between the puruṣa (i.e., the aesthete) <sup>25</sup> and the rasa realised by him. The puruṣa himself is rasa. While commenting on the  $K\bar{a}rik\bar{a}$ :

sukhaprāyeşu sampannah rtumālyādisevakah puruṣah pramadāyuktah śṛṅgāra iti samjñitah 26.

A puruṣa endowed with most of the pleasures, used to the enjoyment of seasons, garlands, etc., and accompanied by a woman is called śṛṇgāra ²¹, Abhinavagupta says: puruṣa iti bhoktā saṃvedanātmako'bhipretah. bhoktaiva ca sthāyisaṃvidrūpah. vyabhicārinastu bhogasvabhāvāh. tena ratireva puruṣaḥ. tathā coktam — śraddhāmayo'yaṃ puruṣa iti ²².

The word *purusa* here is intended to mean the realising aesthete who relishes (the *rasa*). One who relishes (the *rasa*) himself is of the

<sup>24.</sup> Cf. lines 65b and 66a.

<sup>25.</sup> It is to be remembered that in the time of rasa-realisation the aesthete realises an identity with the character depicted on the stage or in the  $k\bar{a}vya$ .

<sup>26.</sup> Nāṭyaśāstra, VI.46.

<sup>27.</sup> Rasa in general is implied by the term śrngāra, which is the name of the foremost variety of rasa.

<sup>28.</sup> Abhinavabhāratī, p. 311.

nature of a realisation of the *sthāyibhāva*, the permanent mood. The *vyabhicāribhāvas* are of the nature of a relish. Hence, the aesthete (*puruṣa*) and the permanent mood of love (*rati*) are identical. A similar expression where a person is said to be identical with an abstract mental attitude is « *śraddhāmayo'yam puruṣaḥ* », « This person is all devotion ».

Thus, on the basis of these points of similarity with the theory of creation as given in the *Ahirbudhnyasamhitā* we may form an idea about what is probably intended by the term *dvidhābhidhāna*, and we may perhaps be justified also to take the said theory of creation itself as what is actually implied by the term in the extract from the *Abhinavabhāratī*.

SPHOTATATTVA — The correspondence of the theory of sphota with the aforesaid speculations on aesthetic experience may perhaps be shown as follows: (1) In the analogy of the seed and the tree, the rasa belonging to the poet is the seed or the cause 29 and the relish of the rasa by the spectator, or so to say the rasa belonging to the spectator 30 is the fruit or the effect 31. Thus the cause and the effect are identical. In the sphota theory, sphota is the nitya āntara akhanda arthavān śabda; the speaker gives vent to this sphota or inner real śabda belonging to himself 32 with the audible vaikharī sounds which on their own part suggest the sphota belonging to the listener, who understands the meaning accordingly. In fact sphota is one and unlimited and partless. Hence, the same *sphota* pervades the hearts of both the speaker and the listener, just as the same rasa belongs to both the poet and the aesthete. Sphota of the speaker being the cause has no difference with spota of the listener as the effect <sup>33</sup>. (2) The term *sphotatattva* in the quoted passage of Abhinavabhāratī may also mean the whole philosophy of word and meaning propounded by Bhartrhari, according to which the same solitary Brahman having no difference of any sort appears as it were to have difference because of assuming the potentialities to create. cf.

ekameva yad āmnātam bhinnam śaktivyapāśrayāt apṛthaktve'pi śaktibhyah pṛthaktveneva vartate 34.

This has a clear correspondance with dvidhābhidhāna explained above. (3) Bhartrhari says that the same Brahman assumes the form of bhoktr, bhoktavya and bhoga. Bhoktr is the subject that experiences, bhoktavya is the object of experience, and boga is the experience. What is indicated is that there is no difference between the said three principles

<sup>29.</sup> Cf. « mūlam bījasthānīyāt kavigato rasaļ ».

<sup>30.</sup> As shown earlier the relish itself is the rasa.

<sup>31.</sup> Cf. « phalasthānīyah sāmājikarasāsvādah ».

<sup>32.</sup> For the idea of the «inner word» of the speaker cf. Vākyapadīya, I.131.

<sup>33.</sup> Cf. Mukunda Madhava Sharma, *Vyañjañāprapañcasamīkṣā*, Čhaukhambha Orientalia, Varanasi, 1979, p. 90.

<sup>34.</sup> Vākyapadīya, I.2.

just as in the theory of rasa, it is maintained that, there is no difference between jnatr, jneya and jnana. (4) Abhinavagupta concludes that the whole world is made of rasa; rasamayam eva viśvam. As indicated in the Taittirīya Upaniṣad 35, rasa is Braman. In the philosophy of Bhartṛhari śabda is Brahman. In the final analysis rasa is identical with śabda, both being identical with Brahman. Bhartṛhari also says that the whole world is only a pariṇāma (i.e., transformation) of the śabdatattva 36.

SATKARYAVĀDA — According to this doctrine of the Sāmkhya philosophy an effect should necessarily be already present in the cause in a latent form. For example, the curd, which is an effect of the milk, remains latent in the milk itself before coming into existence as curd. This implies that the cause just assumes a new form and appears as the effect, and there is no ontological difference between the cause and the effect. This doctrine bears a correspondance with the position that the rasa belonging to the poet as the cause has no difference with the rasa belonging to the spectator as the effect.

EKATVADARSANA — Like dvidhābhidhāna, this is also not a very celebrated term. This term may literally mean either (i) the philosophy of oneness or (ii) the act of perceiving oneness (of various objects). It has been already stated that the realisation of rasa depends on a process of generalisation (sādhāraṇīkaraṇa) involving elimination of all differences between, and realisation of oneness with, all other individual creatures. Philosophically this is as good as recognising all other creatures as similar to one another and non-different from the perceiver himself. This attitude may, hence, be called samadarśana also. In the passage concerned Abhinavagupta perhaps implies this very attitude of samadarśana with the term ekatvadarśana. This seems to be warranted by the following comment of Abhinavagupta, containing the terms samadarśana(tva) and ekīkaraṇa (i.e., ekikuryāt):

sarvabhūteṣu ātmānam grāhakatayā anupraviśantam bhāvayet, ātmani ca grāhyatājñānadvāreṇa sarvāṇi bhūtāni ekīkuryāt; ataśca samadarśanatvam samjāyate yogaśceti samkṣepārthaḥ <sup>37</sup>.

This occurs in his *Bhagavadgītārthasaringraha* on  $G\bar{\imath}t\bar{a}$ , vi.29  $^{38}$ , and the concerned verse is:

sarvabhūtastham ātmānam sarvabhūtāni cātmani īkṣate yogayuktātmā sarvatrasamadarśanaḥ.

<sup>35.</sup> Cf. « raso vai saḥ », Taittirīya Upaniṣad, II.7.

<sup>36.</sup> Cf. Vākyapadīya, I.1. Bhartṛhari uses the term vivarta (« vivartate ») here in the sense of pariṇāma.

<sup>37.</sup> This is quoted in K. C. Pandey's, Abhinavagupta An Historical And Philosophical Study, Varanasi, 1963, p. 40.

<sup>38.</sup> K. C. Pandey gives the number as VI.30. The present number is given here in the light of S. Radhakrishnan's, *The Bhagavadgītā*, 4th impression, London, 1956.

This is out and out based on monism, and the same monism is the bed-rock of Abhinavagupta's theory of aesthetic experience. In the comment quoted above Abhinavagupta says that the devotee should conceive of (bhāvayet) his own self as present in (and hence identical with) all the creatures as the cognitive agent (grāhakatayā), and should conceive of an oneness of all the creatures with the idea of their presence in (and hence identity with) his own self as the objects of cognition (grāhya) 39. This should lead to the feeling of similarity and the attainment of yoga. It is significant that here also there is the recognition of a non-difference between the object of cognition (grāhya) and the agent of cognition (grāhaka). The feeling of oneness needed for rasa-realisation should pertain not only to all human beings, but also to all varieties of creatures. Abhinavagupta perhaps gives the first illustration of rasa with a verse that describes the frightened deer 40 with the idea of implying this very aspect of monism. Gauhati University, Assam, India.

40. I.e., the verse « grīvābhaṅgābhirāmam », etc. (Sakuntalā, I.7), Vide Abhinavabhāratī, p. 279,

<sup>39.</sup> Seeing of the self as abiding in all beings and of all beings as abiding in the self is at the root of sādhāraṇīkaraṇa and hṛdayasamvāda.